"The flexibility makes me stronger and helps me especially with horseback riding."

## **SOPHIE'S PATIENT INSPIRED SOLUTION**

Sophie has been wearing bilateral Ultraflex dynamic assist stretching AFOs (at rest/nighttime) for the last seven years to maintain muscle length and range during growth, reduce the amount of daytime bracing, and delay more aggressive interventions. Sophie wears her braces around the house, watching TV, and playing on the computer. At age twelve, Sophie and her parents report that her Ultraflex braces make the backs of Sophie's legs feel stretched and much better. Sophie plays on the school basketball team and also enjoys biking and swimming. Sophie reports, "I don't ever have to give up even though I have CP. I can do everything everyone else can do. I just do it in a different way."

## For education for you and your referrals, please call: 800-220-6670

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Patient Inspired Solutions www.ultraflexsystems.com