



*"Driving is the most important thing my braces help me to do. I used to wear SMOs to drive and solid AFOs to walk; now I just wear ADR™."*

## AARON'S PATIENT INSPIRED SOLUTION

Prior to Ultraflex bracing, Aaron wore hinged AFOs followed by solid AFOs to address instability secondary to diplegic spastic CP. Aaron experienced problems with breakage with the hinged AFOs. This was especially difficult if the breakage occurred prior to the time when his insurance would provide for a new brace. Aaron's therapist noted that "Because Aaron overpowered the joint, they switched to a solid design." With the solid AFOs, Aaron lost ankle rocker and this resulted in loss of function. A year and a half ago, Aaron was fitted with bilateral Ultraflex Adjustable Dynamic Response™ (ADR™) AFOs. ADR™ braces provide a solid base of support without restricting ankle motion (0–40° DF, 0–40° PF resistance or dampening effects). Now Aaron's physical therapist reports, "With ADR™, the change was dramatic. Aaron has a robust joint that has resulted in two big functional improvements — steps and driving. An additional improvement is speed — Aaron covers more ground in the six minute walk test." Aaron reports, "ADR™ has stabilized my feet, improved my posture, endurance, and speed."



For education for you and your referrals, please call:  
**800-220-6670**



**Ultraflex**®  
Patient Inspired Solutions  
[www.ultraflexsystems.com](http://www.ultraflexsystems.com)

Existing coding and coverage applies to all ADR™ technology.

Thank you to Cindy Miles, PT, MEd, PCS, of Cindy Miles & Associates, Whitehall, PA, for her clinical contributions.  
A special thanks to Aaron.